



CANADIAN HEALTH CARE AGENCY

EXPERIENCE THE NORTH

CLINICAL SKILLS CHECK LIST - COMMUNITY HEALTH NURSE

	Skill Area	Currently Competent	Requires Additional Training	Signed and dated complete.
SECTION 1: Process, Communications and Medevac Procedures				
Module 1	Administration: Forms, Payroll, timesheets, Zones and numbers			
	MD Coverage & Consultation			
	Medevac/ Schedevac Procedures			
	Occurrence Reporting			
	Workplace Harassment & Political reporting policy			
	Clinical Practice Guidelines and Drug Formulary			
	Introduction to the Learning Management System			
Module 2	Cultural Awareness and Trauma Informed Care			
	First Nations, Inuit and Métis peoples			
	Residential School System and the Truth and Reconciliation Commission			
	Education, Economic and Health status			
	Trauma informed care			
Module 3	Documentation, Confidentiality, Triage and Telemedicine			
	SOAP Charting and charting checklist			
	Triage including CTAS scoring, taking a medical history and review of systems			
	Telephone triage and telemedicine policy			



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Module 4	Introduction to Prescribing and Dispensing			
	Controlled Substances Policy and Procedures			
	Drug Formulary: Section D			
	Medication Administration: <ul style="list-style-type: none">- Dispensing- Labelling Medication- Pediatric Dosing			



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SECTION 2: Preventative Care, Contraception Management & Sexually Transmitted Infections				
Module 5	Annual Assessment of Well Woman and Well Man			
	History and Physical Assessment			
	Advanced Assessment			
	Annual Physical Exam			
	Well Woman Annual Screening - Cervical Screening			
	Well Man Annual Screening - Prostate Exam			
	Chronic Disease Management <ul style="list-style-type: none"> - Diabetes - Hypertension - Hyperlipidemia - Asthma/ COPD 			
Module 6	Contraceptive Methods and Management			
Module 7	Sexually Transmitted Infections, Public Health and Contact Tracing procedures			



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SECTION 3: Paediatrics and Immunizations				
Module 8	Paediatric and Adult Vaccines and Immunizations			
	How to use Immunization Schedules and maintaining cold chain integrity			
	Obtaining Informed Consent and clinical documentation requirements			
	Needle stick injury and safety			
	Immunization Competencies Education Program: Online via http://www.advancingpractice.com (14 modules) (submit certificate for reimbursement)			
Module 9	Adult and Paediatric Communicable Diseases			
	Treatment and management of Communicable Diseases e.g.: - Mono, rabies, TB, exanthemas, Fifths disease, vulvar-vaginitis			
Module 10	Well Baby and Well Child Assessment and Nutrition			
	Rourke Assessment form			
	Advanced Physical Examination, screening and referrals			
Module 11	Sick Child Assessment			
	Practice Cases			
	Treatment and Management of sepsis			
Module 12	Paediatric Procedures			
	Fluid Balance Calculations			
	Vascular Access			



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SECTION 4: Gynaecology, Obstetrics, Prenatal, Labour and Delivery				
Module 13	Gynaecological Assessment			
	Prenatal Assessment			
	Post Partum Assessment			
Module 14	Common discomforts of pregnancy			
	Chronic Illness in pregnancy			
	Management of Addictions			
	Episodic Illness in pregnancy			
	Danger Signs in Pregnancy			
Module 15	Labour and Delivery			
	Stages of Labour			
	L&D in the nursing station			
	Complications of pregnancy			
	Post-natal care			
Module 16	Newborn Assessment			



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SECTION 5: Mental Health and Laboratory Procedures				
Module 17	Assessing Mental Health Status			
	Common problems: anxiety, depression, schizophrenia, family violence, substance use			
Module 18	Prevention of Suicide			
	Risk Factors/Protective Factors, Warning Signs			
	Understand the importance of “No Show” follow up			
Module 19	Assessment and Treatment of the Suicidal Patient			
Module 20	Mental Health Emergencies			
	Sexual Assault Evidence Gathering			
	Child Abuse Procedures			
Module 21	Laboratory Theory and Stations			
	Requisition forms and procedures <ul style="list-style-type: none"> - onsite - offsite 			
	Specimen collection and Point-of-Care testing Urine: <ul style="list-style-type: none"> - Urinalysis/ dip stick - Cultures - Urine Micro albumin - Urine for Chlamydia & Gonorrhoea - Pregnancy/ HCG 			



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	<p>Blood:</p> <ul style="list-style-type: none">- Glucometer- Haemocue- ESR- HIV testing- Blood Cultures <p>Culture Swabs</p> <ul style="list-style-type: none">- Throat- Nasopharyngeal (RSV)- Wound- Vaginal/ Cervical- Rectal- Urethral <p>Sputum Samples</p> <ul style="list-style-type: none">- TB Testing <p>Cytology</p> <ul style="list-style-type: none">- Liquid based- Slide based <p>Haemocult Stool Testing</p> <ul style="list-style-type: none">- Stat- 3 day screen (FOB)- ECG			
Module 21	Use of centrifuge			
	Transport Procedures Lab box/ Bill of Lading			



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SECTION 6: Emergency Procedures, EENT, Cardiac, Respiratory, GI/ GU.				
Module 22	General Trauma			
	Care of the Trauma Patient			
	Mock Scenario			
Module 23	Eyes, Ears, Nose and Throat Conditions and Emergencies			
Module 24	Cardiac/ Respiratory conditions and emergencies			
Module 25	GI/ GU conditions and emergencies			

	Skill Area	Competent	Requires Training	Signed and dated complete.
SECTION 7: Neurology, MSK, Wound Care and Suturing				
Module 26	Neurology and MSK			
	Fracture Assessment, treatment and management			
	Applications of splints/ cast removal			
	MSK Assessments: Shoulder, back, knee ankle.			
Module 27	Radiology			
	Positioning for Diagnostic Imaging			
	Requisitions			
	Interpreting chest and limb x-rays			



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Module 28	MSK Joint Assessments			
	Ottawa Ankle and Knee rules for X-Ray			
	Half Casting procedure and cast removal			
Module 29	Skin and Wound care theory			
	Suturing theory			

Hands-on Clinical Skills

	Skill Area	Competent	Requires Training	Signed and dated complete.
	Objective Clinical Exam: - Complete Head to Toe Exam - (Handout provided)			
	Cardiac - Basic ECG and Cardiac Monitoring			
	Venipuncture and IV access - Adult and Paediatric - Cannula and Butterfly			
	IV Medications and Fluids - IV Push			
	Wound Care - Suturing - Stapling - Steri-Strips - Skin Glue			
	Casting and Splinting - Half-slab (arm/ leg)			
	Injections - Intradermal / TB Skin testing			

Employee: _____

Start Date: _____

Educator: _____

Completion Date: _____

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