



First Nations Health Authority  
Health through wellness

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## Course Outline

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### Mental Health Emergencies: Using Pre-Printed Order Sets

#### Course Description

This 36 minute narrated webinar covers an overview of the Pre-Printed Order for pharmacological treatment of Mental Health Emergencies. It is intended for all nursing station nurses who provide direct client care in remote or isolated Indigenous communities.

#### Prerequisites

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Nurses must review FNHA suicide prevention and intervention adult care clinical practice guideline and be familiar with basic mental health nursing assessments and interventions (e.g. de-escalation)

#### Training/Learning Outcomes

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After completion of this course, participants will be able to:

- Practice mental health nursing with client-centred and evidence-informed care
- Explain the definition of Mental Health Emergencies
- Describe the basics of a Pre Printed Order
- Explain Mental Health Emergencies treatment goals
- Reference treatment algorithm to determine recommended treatment based on risk assessment
- Standardize pharmacological treatment of Mental Health Emergencies at nursing stations
- List the nursing station formulary medications to be used for treatment
- Apply PPO into practice by review of case exercises in facilitated sessions

#### Target Audience

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This training is for all nurses who provide direct client care at remote nursing stations

#### Training Delivery

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Training is available online.

#### Session Content

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- Mental Health Emergencies ("MHE")
- Pre-Printed Orders ("PPO")—The Basics
- MHE treatment goals and algorithm
- PPO-MHE-pharmacological treatment—connecting the dots
- MHE-New medications to be added to FNHA nursing station formulary
- Quiz

#### Facilitator/Trainer Info

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This course is narrated by Twinkle Ruparel, Clinical Pharmacist, Mental Health and Substance Use.  
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Once you register via FNHA Learning Space, an email with instructions will be sent to you from Talent Management.