



CANADIAN HEALTH CARE AGENCY

EXPERIENCE THE NORTH

SOAP Note Quick Reference

**SUBJECTIVE:** (Pt's story)

**CC:** Chief Complaint (presenting problem)

**HPI:** History of Presenting Illness (explore CC)

**OPQRST:** Onset; Progression; Quality/ Quantity; Radiation; Severity; Timing; Relieving/ Aggravating factors; Associated Symptoms

**PMHx:** Past Medical History relevant to CC

**Allergies**

**Immunizations**

**Current Meds:**Rx; OTC; Herbal

**FMHx:** Family Hx HTN; DM; TB; etc

**SHx:** Social Hx ETOH; Smoking; Drugs; Living cond; Diet; Sleep; Work/ School

**ROS:** Review of Systems (pt's report)  
- HEENT; CardioResp; GI/GU; MSK; Neuro; Integ; Mental Health

**OBJECTIVE:** (Your Physical Exam)

**General Observations**

**VS:** Temp; HR; Resp; BP; SPO2

**Measurements:** Wt; Ht; BMI

**POC Labs:** Gluc; Hgb; UDip; HCG;

**ROS:** Review of Systems: HEENT; Resp; Cardiovasc; GI; GU; MSK; Neuro; Integ; Mental Health

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**ASSESSMENT:**

Primary Diagnosis

Differential Diagnoses (List)

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**PLAN:**

1. Consultation/ Referral
2. Additional Diagnostics
3. Pharmacological Interventions (incl. CPG chapt or consultant name)
4. Non-Pharmacological Interventions
5. Health Teaching
6. Follow up instructions
7. Confirm pt/ caregiver understands

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