Appendix A: Cleaning Frequency Chart

SURFACE/OBJECT	HIGH TOUCH		LOW TOUCH SURFACES	
EXPOSURE	SURFACES			
CHARACTERISTICS	Those that have frequent		Those that have minimal contact	
	contact with hands		with hands	
	More	Less	More	Less Susceptible
	Susceptible	Susceptible	Susceptible	Person 1
	Person 1	Person 1	Person 1	
Heavy Contamination:	HIGH RISK			
Surface/object routinely	Clean after	MODERATE RISK		
exposed to large amounts	each			
of fresh blood or other body	case/event/	Clean at least once per day		
fluids	procedure	Clean additionally as required (e.g., visible		
	and at least	soiling)		
	twice per			
	day			
	Clean			
	additionally			
	as required			
Moderate Contamination:	MODERATE RISI		SK	LOW RISK
Surface/object does not	Clean at least once daily			Clean according to
routinely (but may) become	Clean additionally as required (e.g., visible			a fixed schedule
contaminated with blood or	soiling) Clean additionally			
body fluids, and the	as required (e.g.,			
contaminated substances				visible soiling)
are contained or removed				
Light Contamination:	MODERATE RISK		LOW RISK	
Surface/object are not			Clean according to a fixed	
exposed to blood, other	Clean at least once daily		schedule	
body fluids or items that	Clean additionally as		Clean additionally as required	
have come into contact with	required (e.g., visible		(e.g., visible soiling)	
blood or body fluids	soiling)			

₁The term *more susceptible person* refers to people who are susceptible to infection due to their medical condition or lack of immunity. *Less susceptible person* refers to all other individuals. The above Frequency Cleaning Chart has been adapted from the Provincial Infectious Diseases Advisory Committee (PIDAC) Best Practices for Environmental Cleaning for Infection Prevention and Control in all Health Care Settings, (May 2012), Appendix B pp. 134-135; and the FNIHB Operations and Management Manual p. 16