



Contact Precautions

Y Joog	Hand Hygiene as per Routine Practices Hand hygiene is performed: √ Before and after each patient contact √ Before performing invasive procedures √ Before preparing, handling, serving or eating food √ After care involving body fluids and before moving to another activity √ Before putting on and after taking off gloves and other PPE √ After personal body functions (e.g., blowing one's nose) √ Whenever hands come into contact with secretions, excretions, blood and body fluids √ After contact with items in the patient's environment √ Whenever there is doubt about the necessity for doing so
The second secon	Patient Placement ∨ Single room with own toileting facilities ∨ Door may remain open ∨ Perform hand hygiene on leaving the room
	Gown (based on risk assessment) √ Wear a long-sleeved gown when entering the patient's room or bed space if skin or clothing will come into direct contact with the patient or the patient's environment
	Gloves (based on risk assessment) √ Wear gloves when entering the patient's room or bed space √ Wearing gloves is NOT a substitute for hand hygiene √ Remove gloves on leaving the room or bed space and perform hand hygiene
	Environment and Equipment √ Dedicate routine equipment to the patient (e.g., stethoscope, commode) √ Disinfect all equipment that comes out of the room √ All high-touch surfaces in the patient's room must be cleaned at least daily
	Visitors V Visitors must wear gloves and a long-sleeved gown if they will be in contact with other patients or will be providing direct care*, as required by Routine Practices V Visitors must perform hand hygiene before entry and on leaving the room

*<u>Direct Care</u>: Providing hands-on care, such as bathing, washing, turning the patient, changing clothing, continence care, dressing changes, care of open wounds/lesions or toileting. Feeding and pushing a wheelchair are not classified as direct care.

PIDAC: Routine Practices and Additional Precautions in All Health Care Settings, November 2012, p. 64