Routine l	Practices to be used with <u>ALL CLIENTS</u>
Y Jos	Hand Hygiene Hand hygiene is performed using alcohol-based hand rub or soap and water: √ Before and after each client contact √ Before performing invasive procedures √ Before preparing, handling, serving or eating food √ After care involving body fluids and before moving to another activity √ Before putting on and after taking off gloves and other PPE √ After personal body functions (e.g., blowing one's nose) √ Whenever hands come into contact with secretions, excretions, blood and body fluids √ After contact with items in the client's environment
	Mask and Eye Protection or Face Shield (based on risk assessment) ∨ Protect eyes, nose and mouth during procedures and care activities likely to generate splashes or sprays of blood, body fluids, secretion or excretions. ∨ Wear within two metres of a coughing client/patient/resident.
	Gown (based on risk assessment) V Wear a long-sleeved gown if contamination of skin or clothing is anticipated.
	Gloves (based on risk assessment) ∨ Wear gloves when there is a risk of hand contact with blood, body fluids, secretions, excretions, non-intact skin, mucous membranes or contaminated surfaces or objects. ∨ Wearing gloves is NOT a substitute for hand hygiene. ∨ Remove immediately after use and perform hand hygiene after removing gloves.
	V All equipment that is being used by more than one client must be cleaned between clients. √ All high-touch surfaces in the client's room must be cleaned daily.
The state of the s	Linen and Waste ∨ Handle soiled linen and waste carefully to prevent personal contamination and transfer to other clients.
	Sharps Injury Prevention √ NEVER RECAP USED NEEDLES. √ Place sharps in sharps containers. √ Prevent injuries from needles, scalpels and other sharp devices. √ Where possible, use safety-engineered medical devices.
	Patient Placement/Accommodation ∨ Use a single room for a client who contaminates the environment. ∨ Perform hand hygiene on leaving the room.

Source: PIDAC: Appendix E: Routine Practices and Additional Precautions in All Health Care Settings, November 2012, p. 63