



Comparison Chart of COVID-19 and Influenza

	COVID-19	Influenza
Presentation	respiratory diseases with a wide range of illness from asymptomatic or mild through to severe disease and death	respiratory disease with a wide range of illness from asymptomatic or mild through to severe disease and death
Mode of Transmission & Public Health Measures Median incubation period (time from infection to appearance of symptoms)	 spread through contact, droplets and fo mites prevention includes hand hygiene and good respiratory etiquette estimated at 5 days 	 spread through contact, droplets and fo mites prevention includes hand hygiene and good respiratory etiquette 1-4 days, mean of 2 days
Serial interval (time between successive cases) Major driver of transmission	 estimated to be 5-6 days adults (children are infected from adults) 	 3 days can spread faster than COVID-19 first 3-5 days of illness/presymptomatic transmission children (adults are infected from children)
Severity	 80% of infections are mild or asymptomatic 15% are severe infection requiring oxygen 5% are critical infections requiring ventilation. 	 burden of influenza varies every year globally, an estimated 0.3% to 0.5% of influenza cases are severe
Most at risk	older ageunderlying conditions	 children pregnant women elderly underlying/chronic medical conditions immunosuppressed
Mortality	higher (3-4%) than for influenza (especially seasonal influenza)	 usually well below 0.1% determined by access to and quality of health care
Treatment	 number of therapeutics currently in clinical trials in China more than 20 vaccines in development currently no licensed vaccines or therapeutics 	antivirals and vaccines available

References

Annals of Internal Medicine. (2020). The incubation period of coronavirus disease 2019 (COVID-19) from publidy reported confirmed cases: estimation and application. Available at, https://annals.org/aim/fullarticle/2762808/incubation-period-coronavirus-disease-2019-covid-19-from-publicly-reported

National Advisory Committee on Immunization. (2020). Canadian Immunization Guide chapter on Influenza and statement on seasonal influenza vaccine for 2019-2020. Available at,

https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/healthy-living/canadian-immunization-guide-statement-seasonal-influenza-vaccine-2019-2020/NACI Stmt on Seasonal Influenza Vaccine 2019-2020 v12.3 EN.pdf

Ontario Ministry of Health. (2020). Appendix A: Disease-specific chapters Influenza. Available at, http://www.health.gov.on.ca/en/pro/programs/publichealth/oph_standards/docs/influenza_chapter.pdf

Registered Nurses' Association of Ontario. (2020). Daily Updates available at, https://myrnao.ca/daily situational reports from ontarios moh eoc