

Child's Name

Birth Date

Today's Date

✓

Yes No

By Four Years of Age, does your child...

1. Understand three-part related directions and longer sentences (e.g. "Put your toys away and wash your hands before lunch")?
2. Say rhymes or sing children's songs?
3. Ask lots of questions (e.g. "How?" and "Why?")?
4. Correctly say the words - two, hat, do, mud, fun, off, key, cookie, go, hug?
5. Use some word endings as in running and jumped?
6. Tell what is happening in a picture when you ask?
7. Speak clearly enough to be understood most of the time?
8. Go up and down stairs alternating feet (with one foot on each step)?
9. Stand on one foot for one to three seconds without support?
10. Try to hop on one foot?
11. Catch a large ball with outstretched arms?
12. Snip paper with scissors? (Picture A)
13. Draw a person with three or more body parts?
14. Hold a crayon or pencil correctly?
15. Undo buttons and zippers?
16. Use the toilet/potty during the day (i.e. toilet trained)?
17. Take turns and share with other children in small group activities?
18. Try to comfort someone who is upset?
19. Play near and talk to other children while continuing with own activity?
20. Look for adult approval (e.g. "Watch me." or "Look what I did")?

Note: It is recommended that all children by this age have a vision, hearing and dental checkup. Ask your family doctor or public health unit where these services are available in your community.

COMPILED IN NORTH BAY ON 10/10/00 BY

- Infant Development Program - Children's Art Society
- Rehabilitation Outreach Services - North Bay General Hospital
- North Bay Community Care Agency - Children
- Nipissing District Community Health Unit - Children

IF 1 OR MORE "NO" CALL:

Northwestern Health Unit
Healthy Babies,
Healthy Children
1-800-465-4377

4 YEARS

The Nipissing Developmental Screen is intended to identify problem areas with your child's development. The following activities will help you play your part in your child's development.

- Now I can now tell longer stories. Show me a series of pictures and tell me a story about them. After I know it well, have me put the pictures in order. I can retell the story or make up one of my own.
- I am learning about words and sounds. Play rhyming games and laugh at the silly words we can make together.
- I like it when you read to me. Storybooks are more exciting for me when you change your voice for different parts. Sometimes we can listen to books on tape too. Take me to the library.
- Let's play a memory game. We can take turns giving each other directions, e.g. "Put your hands on your head, then turn around, then touch the ground."
- I want to show you what I can do. Set up an obstacle course so I can practice many skills: walking, running, crawling, balancing, climbing, jumping over things, and hopping (on one foot or both feet).
- I enjoy ball games. I want to learn to use a bat, racket, hockey stick, golf club, ball glove, etc. I like to play with you or a friend.
- I can play group games with simple rules: Duck Duck Goose, Ring Around the Rosie, London Bridge is Falling Down and the Farmer in the Dell.
- I like activities that let me practice cutting, gluing, painting, drawing, dot to dot, simple mazes and puzzles. Soon I will be able to print letters, numbers and my name.
- I want to practice my lacing skills. Encourage me to thread a shoelace through the holes in my shoes or holes punched around a picture. I am getting better at doing buttons and zippers but I still need practice.
- I need to be responsible for my decisions and learn from them. Give me choices and let me make mistakes.
- I need to be heard to know that I am special. Listen when I talk to you.
- I'm never too old or big to be hugged so please do it often.
- I need opportunities to play with other children. If I'm not in school I need to be involved in group activities on a regular basis.
- It's important for me to know my full name, address and telephone number.

I learn best by playing and using my imagination. Please limit and monitor my video game, computer and TV time.