

Child's Name _____

Birth Date _____ Today's Date _____

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✓

Yes No

By Four Months, does your baby...

1. Turn head from side to side to follow a toy? ☐ ☐
2. Glance from one object to another? ☐ ☐
3. Turn head toward a source of sound? ☐ ☐
4. Make some sounds when looking at toys or people? ☐ ☐
5. Brighten to sound, especially to people's voices? ☐ ☐
6. Respond to you by making sounds and moving arms and legs? ☐ ☐
7. Laugh and smile at you? ☐ ☐
8. Finish each feeding within 45 minutes? ☐ ☐
9. Lift head and support self on forearms? (Picture A)* ☐ ☐
10. Bring both hands to chest and keep head in midline when lying on back? (Picture B) ☐ ☐
11. Hold head steady when supported in a sitting position? ☐ ☐
12. Reach for an object when supported in a sitting position (e.g. sitting in an infant chair or on your lap)? ☐ ☐
13. Hold an object briefly when placed in hand? ☐ ☐

* item may not be common to all cultures

A



B



COMPILED IN NORTH BAY, ONTARIO BY:

- Infant Development Program (Children's Aid Society)
- Rehabilitation Outreach Services (North Bay General Hospital)
- Near North Community Care Access Centre
- Nipissing District Community Action Program for Children
- Integrated Services for Children
- Pre-school Speech & Language Services

IF 1 OR MORE "NO" ☒ CALL:

Northwestern Health Unit
Healthy Babies,
Healthy Children
1-800-465-4377

4 MONTHS

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Developmental Screen

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The Nipissing Developmental Screen is intended to identify problem areas with your child's development. The following activities will help you play your part in your child's development.



Talk to me face to face. Use my name often while we are playing, dressing, and feeding. From time to time use a high voice, low voice, singsong voice or soft voice.



As we play together imitate my speech sounds (sighs, coos, jabbering) and my actions (facial expressions, movements). Wait for me to respond and react to me by smiling, laughing, praising and I will know you are listening to me.



I like your voice the most. Talk, sing nursery rhymes, lullabies, or songs you create. Try this from different parts of the room to see if I can turn to find you. Remember to give me quiet time each day.



I like variety and tire easily so change my position often throughout the day. Place me on my tummy, prop me up safely in a sitting position, place me on my back, or hold me at your shoulder.



When I am on my tummy move bright coloured toys in front of me. This will encourage me to lift my head and push up with my forearms to get my chest off the floor. I want you to see what I can do. I love your face the best so please get down on the floor with me.



I like it when you move my hands in front of my face so I can see them. Clap my hands together and play "Pat-a-cake".



I need time to practise looking, reaching, and touching. Place a variety of toys of different textures in my hand. Crib gyms or other suspended objects will help me to practice these skills.



I need to feel safe and secure so I can focus my attention on exploring the world around me. You won't spoil me by holding me.

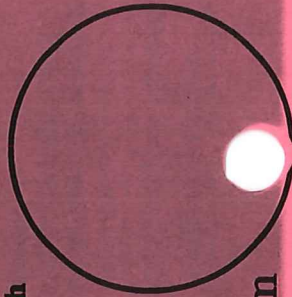


We need quiet time together so we can get to know each other. Rock me in your arms, hold me close, make eye contact, talk and sing to me. I will learn to trust you.



Let's play together. I may enjoy massage or gentle tickling. Watch for my response. If I enjoy it we can do it again.

I can choke on anything that fits through this circle.



diameter

3.7 cm